



Produced by:

- NHS Surrey Downs Clinical Commissioning Group [www.surreydownsccg.nhs.uk](http://www.surreydownsccg.nhs.uk)
- Surrey County Council [www.surreycc.gov.uk](http://www.surreycc.gov.uk)
- Mole Valley District Council [www.mole-valley.gov.uk](http://www.mole-valley.gov.uk)
- Elmbridge Borough Council [www.elmbridge.gov.uk](http://www.elmbridge.gov.uk)
- Epsom & Ewell Borough Council [www.epsom-ewell.gov.uk](http://www.epsom-ewell.gov.uk)
- Reigate & Banstead Borough Council [www.reigate-banstead.gov.uk](http://www.reigate-banstead.gov.uk)

# Falls Prevention Pack

Surrey Downs



The Saga Get Up and Go Guide to Staying Steady insert is national literature and may be subject to local variation.

revised November 2019

## Useful contact numbers for Epsom & Ewell residents

Epsom & Ewell Borough Council	01372 732 000
Epsom & Ewell Community Alarm	01372 732 000
Epsom & Ewell Community Meals Service	01372 732 000
Epsom & Ewell Handy Person Scheme	01372 732 000
Epsom & Ewell 'Transport from Home'	01372 732 000
Age Concern Epsom & Ewell transport to medical appointments	01327 728 758
Epsom Community & Wellbeing Centre	01372 720 563

## Useful contact numbers for Reigate & Banstead residents

Banstead Borough Council	01737 276 000
Telecare Alarm Services	01372 204 500
Banstead Handy Person Scheme	0330 124 3758
Wiltshire Farm Foods	08000 773 100
Age Concern Banstead transport to medical appointments	01737 370 078
Banstead Day Centre	01737 361 712

## Useful contact numbers for East Elmbridge residents

Elmbridge Borough Council	01372 474 474
Community Alarm & Telecare East Elmbridge	01372 474 560
East Elmbridge Handy Person Scheme	01372 474 645
Elmbridge Community Meals Service	01372 474 552
Elmbridge Dial-a-Ride	01372 474 944
Claygate Community Centre	01372 463 476
Cobham Community Centre	01932 596 031
Molesey Community Centre	0208 979 5773
Thames Ditton Community Centre	0208 398 5921
Chatterbus service from Weybridge to Leatherhead via Cobham	<a href="http://www.chatterbus.org.uk">www.chatterbus.org.uk</a>

## Useful contact numbers for Mole Valley residents

Mole Valley District Council	01306 885 001
Mole Valley Community Alarm	01372 204 500
Mole Valley Community Transport	0300 123 7749
Mole Valley Community Meals Service	01372 474 552
Mole Valley Handy Person Scheme	0330 124 3758
Fairfield Day Centre	01372 376 058
Chatterbus service from Weybridge to Leatherhead via Cobham	<a href="http://www.chatterbus.org.uk">www.chatterbus.org.uk</a>

## Useful contact numbers

Emergency: Ambulance, Fire, or Police	999
Police (non-emergency)	101
NHS Medical Help (non-emergency)	111
Epsom Hospital	01372 735735
Thames Water	0800 714 614
Electricity Emergency	0800 404 090
Gas Emergency	0800 111 999
Age UK Surrey	01483 503 414
Samaritans	116 123
Adult Social Care	0300 200 1005
The Silver Line	0800 470 8090

The Falls Awareness project is a joint multi-agency initiative. All participating organisations and related services are required to comply fully with applicable data protection legislation including the General Data Protection Regulation (GDPR) and the Data Protection Act 2018.

The services detailed in this pack are provided by the partner organisations and the Privacy Notices included on the relevant partner organisation's website explains in further detail how personal data is used and what rights individuals have with respect to this.